

# The Arbor

# September 2010 Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 9:00 Stretch & Walk 9:30 Morning Snack <b>10:00 Mystery Drive</b> 2:00 Bingo 3:00 Afternoon Snack 3:30 Reminiscing 3:30 Outside Walks 4:00 Music Hour 5:30 Evening Program	<b>2</b> 9:00 Wii Games 10:00 Morning Snack 10:30 Small Groups 2:00 Creative Hour 3:00 Afternoon Snack 3:30 Outside Walks 4:00 Music Hour 5:30 Evening Program	<b>3</b> 9:00 Morning Wake Up 10:00 Morning Snack 10:30 Reminiscing 11:00 Travelogue <b>2:00 Piano w/ Pat</b> 3:00 Ice Cream Social 5:30 Evening Program	<b>4</b> 9:00 Yoga Stretch 10:00 Morning Snack <b>10:30 Entertainment w/ The Cornell's</b> 2:00 Spa Day 3:00 Afternoon Snack Social 5:30 Evening Program
<b>5</b> 10:00 Devotional Sing Along 10:30 Morning Snack 11:00 Morning Stroll 2:00 Bingo 3:30 Afternoon Snack Social <b>6:30 Sunday Service (A)</b>	<b>6</b> 9:00 Morning Wake Up <b>9:30 Bible Study</b> 10:00 Morning Snack 11:00 Sort it Out 2:00 Word Games 3:00 Afternoon Snack 3:30 Outside Walks 5:30 Evening Program	<b>7</b> 9:00 Fun & Fitness 10:00 Morning Snack 10:30 Games 11:00 Music Hour <b>2:00-4:00 Movie Matinee &amp; Popcorn (T)</b> 5:30 Evening Program	<b>8</b> 9:00 Stretch & Walk 9:30 Morning Snack <b>10:00 Mystery Drive</b> 2:00 Bingo 3:00 Afternoon Snack 3:30 Reminiscing 3:30 Outside Walks 4:00 Music Hour 5:30 Evening Program	<b>9</b> 9:00 Wii Games 10:00 Morning Snack 10:30 Small Groups 2:00 Creative Hour 2:30 Afternoon Snack <b>3:00 Music w/ Patrick</b> 5:30 Evening Program	<b>10</b> 9:00 Morning Wake Up 10:00 Morning Snack 10:30 Reminiscing 11:00 Travelogue <b>2:00 Piano w/ Pat</b> 3:00 Root Beer Float Social 5:30 Evening Program	<b>11</b> 9:00 Yoga Stretch 9:30 Morning Snack <b>10:00 Mystery Drive</b> 2:00 Spa Day 3:00 Afternoon Snack Social 5:30 Evening Program
<b>12</b> 10:00 Devotional Sing Along 10:30 Morning Snack 11:00 Morning Stroll 2:00 Bingo 3:30 Afternoon Snack Social <b>6:30 Sunday Service (A)</b>	<b>13</b> 9:00 Morning Wake Up <b>9:30 Bible Study</b> 10:00 Morning Snack 11:00 Sort it Out 2:00 Word Games 3:00 Afternoon Snack 3:30 Outside Walks 5:30 Evening Program	<b>14</b> 9:00 Fun & Fitness 10:00 Morning Snack 10:30 Games 11:00 Music Hour 2:00 Trivia 3:00 Ice Tea & Lemonade Social (Outside) 5:30 Evening Program	<b>15</b> 9:00 Stretch & Walk 9:30 Morning Snack <b>10:00 Mystery Drive</b> <b>12:00-1:30 The Arbor Summer Family BBQ</b> 2:00 Bingo 3:00 Afternoon Snack 4:00 Music Hour 5:30 Evening Program	<b>16</b> 9:00 Wii Games 10:00 Morning Snack 10:30 Small Groups 2:00 Creative Hour 3:00 Afternoon Snack 3:30 Outside Walks 4:00 Music Hour 5:30 Evening Program	<b>17</b> 9:00 Morning Wake Up 10:00 Morning Snack 10:30 Reminiscing 11:00 Travelogue <b>2:00 Piano w/ Pat</b> 3:00 Ice Cream Social 5:30 Evening Program	<b>18</b> 9:00 Yoga Stretch 10:00 Morning Snack 2:00 Spa Day 3:00 Afternoon Snack Social 5:30 Evening Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
10:00 Devotional Sing Along 10:30 Morning Snack 11:00 Morning Stroll 2:00 Bingo 3:30 Afternoon Snack Social <b>6:30 Sunday Service (A)</b>	9:00 Morning Wake Up <b>9:30 Bible Study</b> 10:00 Morning Snack 11:00 Sort it Out 2:00 Word Games 3:00 Afternoon Snack 3:30 Outside Walks 5:30 Evening Program	9:00 Fun & Fitness 10:00 Morning Snack 10:30 Games 11:00 Music Hour <b>2:00-4:00 Movie Matinee &amp; Popcorn (T)</b> 5:30 Evening Program	9:00 Stretch & Walk 9:30 Morning Snack <b>10:00 Mystery Drive</b> 2:00 Bingo 3:00 Afternoon Snack 3:30 Reminiscing 3:30 Outside Walks 4:00 Music Hour 5:30 Evening Program	9:00 Wii Games 10:00 Morning Snack 10:30 Small Groups 2:00 Creative Hour 3:00 Afternoon Snack 3:30 Outside Walks 4:00 Music Hour 5:30 Evening Program	9:00 Morning Wake Up 10:00 Morning Snack 10:30 Reminiscing <b>2:00 Piano w/ Pat</b> 3:00 Root Beer Float Social 3:30 Independent Activities 5:30 Evening Program	9:00 Yoga Stretch 10:00 Morning Snack <b>10:30 Music w/ Doug Deems</b> 2:00 Spa Day 3:00 Afternoon Snack Social 5:30 Evening Program
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>		
10:00 Devotional Sing Along 10:30 Morning Snack 11:00 Morning Stroll 2:00 Bingo 3:30 Afternoon Snack Social <b>6:30 Sunday Service (A)</b>	9:00 Morning Wake Up <b>9:30 Bible Study</b> 10:00 Morning Snack 11:00 Sort it Out 2:00 Word Games 3:00 Afternoon Snack 3:30 Outside Walks 5:30 Evening Program	9:00 Fun & Fitness 10:00 Morning Snack 10:30 Games 11:00 Music Hour 2:00 Trivia 3:00 Ice Tea & Lemonade Social (Outside) 5:30 Evening Program	9:00 Stretch & Walk 9:30 Morning Snack <b>10:00 Mystery Drive</b> 2:00 Bingo 3:00 Afternoon Snack 3:30 Reminiscing 3:30 Outside Walks 4:00 Music Hour 5:30 Evening Program	9:00 Wii Games 10:00 Morning Snack 10:30 Small Groups <b>2:00 Crafters Visit</b> 3:00 Afternoon Snack 3:30 Outside Walks 4:00 Music Hour 5:30 Evening Program		
<b><i>First floor</i></b> <b><i>(*) Lobby</i></b> <b><i>(FS) Fireside Room</i></b> <b><i>(L) Library</i></b>	<b><i>First floor</i></b> <b><i>(F) Fitness Center</i></b> <b><i>(P) Swimming Pool</i></b> <b><i>(D) Norma's Deli</i></b>	<b><i>First floor</i></b> <b><i>(M) McGilliard Con. Room</i></b> <b><i>(H) Holman Con. Room</i></b> <b><i>(G) Game Room</i></b>	<b><i>Second floor</i></b> <b><i>(T) Theater</i></b> <b><i>(JC) Johns Club Assembly</i></b> <b><i>(B) Chapel</i></b>	<b><i>Third Floor</i></b> <b><i>(C) Craft Room</i></b> <b><i>(S) Sharrard Room</i></b> <b><i>(CA) Club Affinity</i></b> <b><i>Italics Off of the Arbor</i></b>	<b><i>During the Summer months we will be spending a lot of our afternoons outside.</i></b>	<b><i>Calendar Subject to Change</i></b>